

T H E H O U S E O F

Muse

S K I N S P A

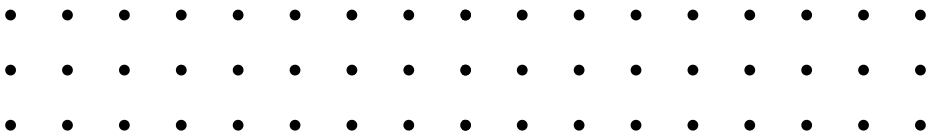
B O D Y S P A

C L A S S R O O M

B O U T I Q U E

1 A P O N T C A N N A S T

T H E
B E A U T Y
B O O K



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Welcome to...

THE HOUSE OF

Muse

A blissful urban beauty and wellness sanctuary in the heart of Pontcanna.

The House of Muse plays host to an array of gorgeous treatments and therapies set to rejuvenate and enhance your skin, body and mind from the inside out. From blissful therapeutic remedies to advanced clinical solutions, we promise to help you... Feel YOU Again.

Enjoy x

Vegan Friendly Treatments. All welcome aged 18 years+





SKIN SPA



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S K I N S P A

P U R E | H Y D R O B y P u r e S k i n

“ 8 S T E P S T O V I S I B L E T R A N S F O R M A T I O N ”

PURE|HYDRO is one of the most powerful, non-invasive skin resurfacing facial treatments available.

PURE|HYDRO by PureSkin combines a unique 8-step system to cleanse, exfoliate, extract, hydrate, infuse, oxygenate, tighten and contour whilst removing dead skin cells and impurities.

This state-of-the-art facial system can be utilised to deliver unrivalled skin transformation on an immediate short-term and long-term basis. Suitable for Men and Women aged 18+ years.

PURE|HYDRO Facials are available in a variety of treatment protocols from 30min express therapies to 2-hour 'Super-8' facials.



PURE | PEEL

PURE | FIRE

PURE | OXY

PURE | LIFT

PURE | INFUSE

PURE | EXTRACT

PURE | FIRM

PURE | ICE





S K I N S P A

P U R E | H Y D R O B y P u r e S k i n

Pure|Hydro 'The Super Eight' Facial - £145.00 (2hours)

Showcasing all that Pure|Hydro can achieve in one 'Super Facial'. Pure luxury for the face and incredible results achieved, even after just one treatment.

Pure|Hydro 'Radiant AF' Brightening Facial - £85.00 (1hour)

A one hour glow-fest ... skin is left gleaming with health and radiance. This is an 'instant-results' facial and ideal skin-prep before a special occasion.

Pure|Hydro 'OxyRenew' Detox Facial - £85.00 (1hour)

Purity and a 'Clean Start' for the skin ... ideal for troublesome skin to thoroughly rid of debris and toxins leaving skin smooth and soft and completely refreshed.

Pure|Hydro 'Pure Hydrate' Express Facial - £49.00 (40mins)

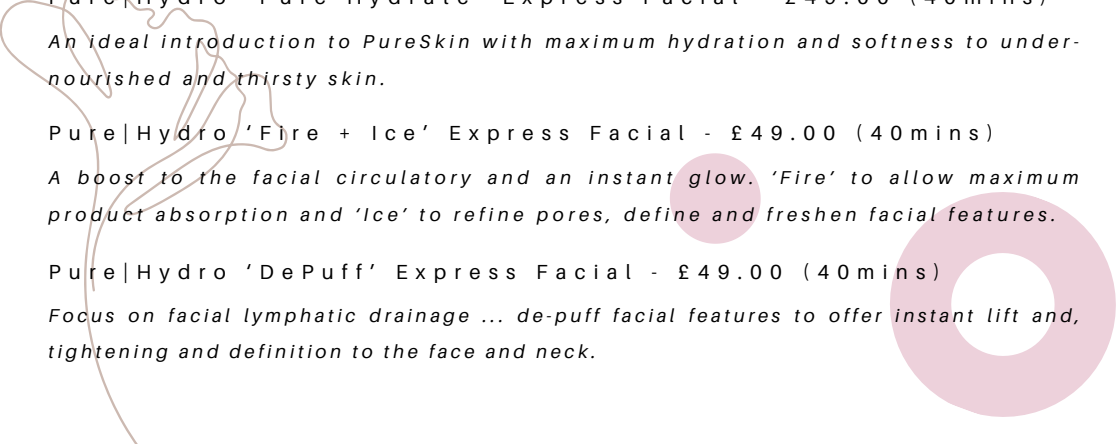
An ideal introduction to PureSkin with maximum hydration and softness to under-nourished and thirsty skin.

Pure|Hydro 'Fire + Ice' Express Facial - £49.00 (40mins)

A boost to the facial circulatory and an instant glow. 'Fire' to allow maximum product absorption and 'Ice' to refine pores, define and freshen facial features.

Pure|Hydro 'DePuff' Express Facial - £49.00 (40mins)

Focus on facial lymphatic drainage ... de-puff facial features to offer instant lift and, tightening and definition to the face and neck.





S K I N S P A

P U R E | H Y D R O B y P u r e S k i n

Pure|Hydro 'Lift + Firm' Collagen Boost Facial

Utilising two powerhouse technologies of Microcurrent and Radio Frequency. To provide instant lift and contour to the Brow, Forehead, Cheekbones and Lower Face musculature alongside visible rejuvenation and progressive tightening of slack skin and wrinkles across forehead, orbital area, jawline and dermal region. RF technology works deep in to the dermis to activate and increase collagen and elastin production whilst facial muscles are given a workout and tightened instantly. Both instant + temporary, and longer-lasting results can be achieved with regular treatments.

Single Treatments:

30mins - £45

60mins - £80

Courses:

Six Weekly 60min Sessions - £435.00 (save £45)

Ten Weekly 60min Sessions - £720.00 (save £80)

OTHER:

Dermaplane & LED Glow Mask - £45 (45mins)

LED Quantum Therapy - 30mins - £30.00 / 45mins - £40.00

Medical grade, six wavelengths (colours) available to treat a variety of skin conditions. Can be used on the face, hands or body.

Add Decolette and Hands to any PURE|HYDRO Facial treatment - £30 (30mins)





S K I N S P A

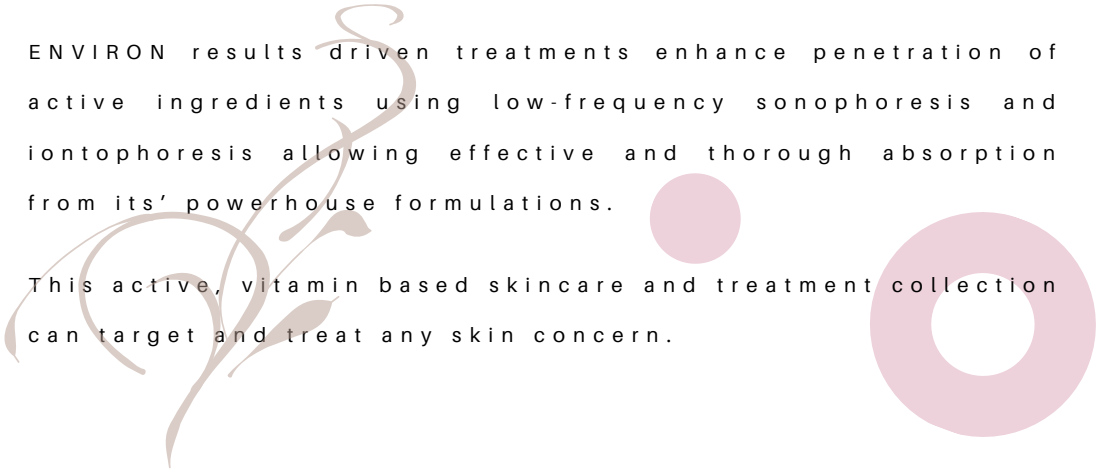
E n v i r o n

ENVIRON is formulated by world renowned doctor, surgeon, scientist and pioneer, Dr Des Fernandes.

ENVIRON is a scientifically proven skincare and treatment collective using active ingredients which are one of the most effective and safest skincare ranges in the world. ENVIRON skincare products are manufactured from only the highest quality raw materials available.

ENVIRON results driven treatments enhance penetration of active ingredients using low-frequency sonophoresis and iontophoresis allowing effective and thorough absorption from its' powerhouse formulations.

This active, vitamin based skincare and treatment collection can target and treat any skin concern.





S K I N S P A

E n v i r o n

ENVIRON Classic Facial - £50

ENVIRON Cool Peel Facial - £70

ENVIRON Youth Essential Reset - £65

ENVIRON Youth Essential Moisture Boost (Face) - £65

ENVIRON Youth Essential Moisture Boost + Glycolic Peel
(Face & Neck) - £85

ENVIRON Youth Essential Comfort Calm (Face) - £65

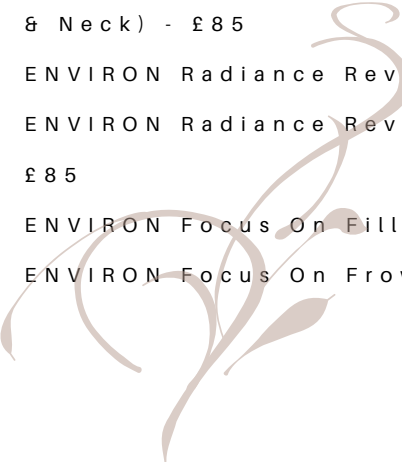
ENVIRON Youth Essential Comfort Calm + Glycolic Peel (Face
& Neck) - £85

ENVIRON Radiance Reveal (Face) - £65

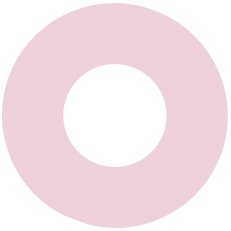

ENVIRON Radiance Reveal + Glycolic Peel (Face & Neck) -
£85

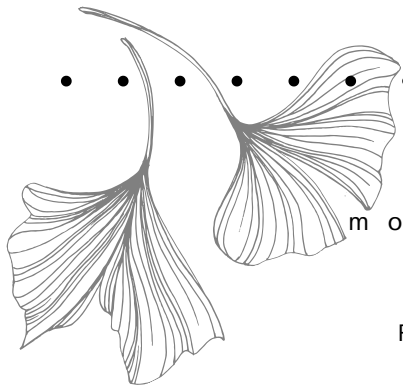
ENVIRON Focus On Filler - £45

ENVIRON Focus On Frown, Eye & Texture - £45



Treatments available with:
Anna Cole Beauty





S K I N S P A

m o t t o b o t a n i c a l s

S u p e r F o o d F r e s h F a c i a l s

Our expertise in formulating skincare gives a wonderful opportunity to create a totally unique facial experience. Each of our SuperFood Facials incorporates an array of freshly made skin goodies, completely tailored to your specific needs. From freshly mashed papaya and pumpkin to brighten and renew, to ground organic cacao and almond to soften and hydrate; your senses will be treated to a gorgeous palette of scents and textures with 100% natural active ingredients from plant based origin. Each facial treatment is unique.

SuperFood Fresh Facial - £62.00 (60mins)

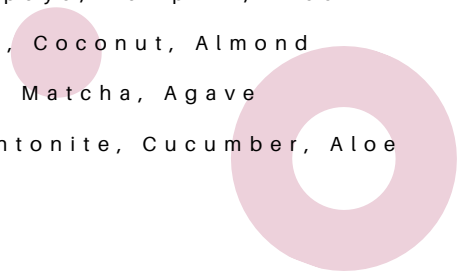
Examples:

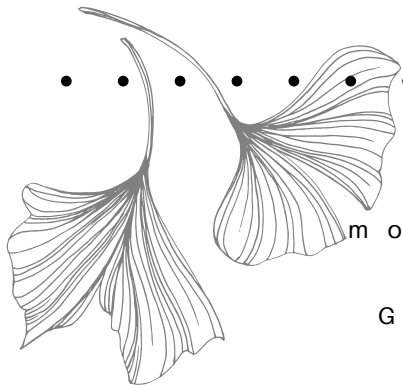
RADIANCE + SMOOTH - Pineapple, Papaya, Pumpkin, Rice

NOURISH + SOFTEN - Avocado, Cacao, Coconut, Almond

DETOX + REFINE - Spearmint, Kaolin, Matcha, Agave

CALM + NURTURE - Oat, Coconut, Bentonite, Cucumber, Aloe





S K I N S P A

m o t t o b o t a n i c a l s

G u a S h a F a c i a l

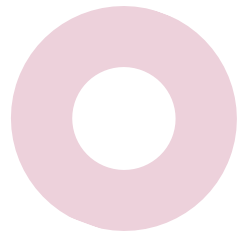
Paying homage to Japanese Facial Yoga and Facial Acupressure ... our expert facial contour massage using world-renowned Gua Sha techniques offers an instant yet long-lasting progressive 'Natural Lift' facial transformation.


This relaxing and invigorating facial focuses entirely on massage of the face, neck, decollete and scalp and helps wonderfully with muscle tension in all areas. Expect to look, and feel, refreshed, lifted and well rested!

Gua Sha Express - £35.00 (30mins)

Gua Sha Intense - £55.00 (60mins)

Add SuperFood Enzyme Peel - £15.00 (+20mins)





M i c r o p i g m e n t a t i o n

(Patch testing required, can be sent by post)

FOR BROWS:

Microblading Brows (Part) - £199 (inc 4-8wk top-up)

Microblading Brows (Full) - £279 (inc 4-8wk top-up)

Nanoblading Brows (Part) - £199 (inc 4-8wk top-up)

Nanoblading Brows (Full) - £279 (inc 4-8wk top-up)

Combi Hairstrokes + Shading Brows - £299 (inc 4-8wk top-up)

Powder Brows - £299 (inc 4-8wk top-up)

FOR EYES:

Eyeliner - Upper Lashline Enhance - £189 (inc 4-8wk top-up)

Eyeliner - Shaded Upper Lid - £249 (inc 4-8wk top-up)

Eyeliner - Lower Lashline Enhance - £149 (inc 4-8wk top-up)


Eyeliner - Lower + Upper Lashline - £279 (inc 4-8wk top-up)

FOR LIPS:

Lip 'Watercolour' Stain - £279 (inc 4-8wk top-up)

Lipline Restore - £249 (inc 4-8wk top-up)

Full Lipline + Full Colour - £329 (inc 4-8wk top-up)



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M i c r o p i g m e n t a t i o n

(Patch testing required, can be sent by post)

12-18 MONTH RETOUCH FOR BROWS:

Microblading Brows (Part) - £149

Microblading Brows (Full) - £199

Nanoblading Brows (Part) - £149

Nanoblading Brows (Full) - £199

Combi Hairstrokes + Shading Brows - £225

Powder Brows - £225

12-18 MONTH RETOUCH FOR EYES:

Eyeliner - Upper Lashline Enhance - £139

Eyeliner - Shaded Upper Lid - £189

Eyeliner - Lower Lashline Enhance - £109


Eyeliner - Lower + Upper Lashline Enhance - £199

12-18 MONTH RETOUCH FOR LIPS:

Lip 'Watercolour' Stain - £199

Lipline Restore - £189

Full Lipline + Full Colour - £249



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F a c i a l I n j e c t a b l e s

Anti-wrinkle Injectables:

(Azzalure botulinum toxin)

One area - £125

Two areas - £175

Three areas - £225

(£40 supplement for all Male treatments due to variations in muscle anatomy)

Dermal Filler Injectables:

Peri-oral facial rejuvenation to restore and freshen the skin.

Improve 'classic' signs of ageing in the lower facial and lip region.

Every treatment is bespoke with a guide price from £175.

Profhilo Skin Rejuvenation:


Facial Treatment (inc two sessions, one month apart) - £400

Facial + Neck Treatment (inc two sessions, one month apart) - £600

Single 'Top-up' Facial Treatment - £200

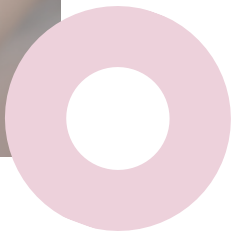
Single 'Top-up' Facial + Neck Treatment - £300

(Available for Hands and Decollete on request)





BODY SPA



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B O D Y S P A

M a s s a g e T h e r a p y

Swedish Massage

Back, Neck and Shoulders - £40 (30mins)

Full Body - £65 (60mins)

Swedish Hot Stone Massage

Back, Neck and Shoulders - £55 (45mins)

Full Body - £80 (75mins)

Swedish Bamboo Massage

Back, Neck and Shoulders - coming soon

Full Body - coming soon

Aromatherapy Massage (pre-blend)

Back, Neck and Shoulders - £40 (30mins)

Full Body - £65 (60mins)

Tension Relief Face + Scalp Massage - £45 (45mins)

Reiki - £50 (60mins)





B O D Y S P A

S p a T h e r a p y

Skin Renew Spa Body Scrub + Full Body Moisture Lock.

£55 (45mins)

Body Firming Wrap + Full Body Lymphatic Drainage Massage.

£75 (60mins)

Intense Hydration Body Wrap + Full Body Aromatherapy
Massage.

£70 (60mins)


Skin Renew Spa Body Scrub, Firming Wrap + Full Body
Lymphatic Drainage Massage.

£100 (90mins)

Detoxify Back Facial + LED Therapy.

£60 (50mins)

NB: Shower facilities available as needed as part of your treatment.



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B O D Y S P A

T h e E s s e n t i a l s

WAXING:

Soothing Azulene Wax for smooth, hair-free skin, lasting 4-6 weeks.

1/2 Leg - £25

Full Leg - £45

Classic Bikini - £25

Brazilian Bikini - £30

Underarm - £20

Forearm - £25

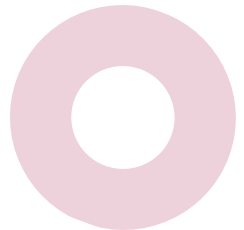
Back - £40

Chest - £40

Brow - £15

Facial - £25

Lip, Chin / Both - £15/£20



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B O D Y S P A

T h e E s s e n t i a l s

NAILS:

Lux Spa 'Facial' Manicure + NailKind Clear Matte Polish - £30

Lux Spa 'Facial' Manicure + NailKind Colour Polish - £30

Lux Spa 'Facial' Manicure + BIAB - £42

Lux Spa 'Facial' Manicure + Gel Colour - £38

Lux Spa 'Facial' Manicure + BIAB + Gel Colour - £48

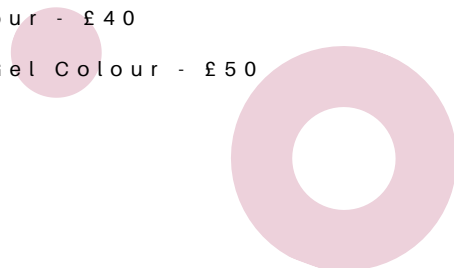
Lux Spa 'Facial' Pedicure + NailKind Clear Matte Polish - £32

Lux Spa 'Facial' Pedicure + NailKind Colour Polish - £32

Lux Spa 'Facial' Pedicure + BIAB - £44

Lux Spa 'Facial' Pedicure + Gel Colour - £40

Lux Spa 'Facial' Pedicure + BIAB + Gel Colour - £50



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B O D Y S P A

T H e E s s e n t i a l s

BROWS and LASHES: *(Patch testing required, can be sent by post)*

Lash Lift + Tint - £45

Lash Tint - £20

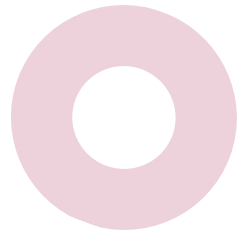
Bespoke Brow Shape + Tint - £22

Lash & Brow Tint and Brow Shape - £35



TANNING:

Sienna X or Tanya Whitebits Spray Tanning - coming soon





THE CLASSROOM



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T H E C L A S S R O O M

Trusted practitioners on hand to enhance your wellbeing in a bougie classroom setting ...

Yoga & Pilates

Herbal Medicine

Pre & Postnatal Fitness

NLP / Life Coaching

Counselling

PoleFit

Barre Work

Sound Therapy

Art Therapy

Guided Meditation

Baby Massage

Self Care Workshops

Private Party Bookings

For our classroom timetable and to book a class or workshop



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PAYMENTS

We accept all methods of card payment including flexible, interest-free payment by Klarna. Discounts are offered on 'block bookings' of six or more treatments. Please ask for details. 10% discount is offered to all NHS staff.

GIFT VOUCHERS

Available for all treatments and therapies at The House of Muse, please purchase online.

CONSULTATIONS

We offer free consultations for all treatments and most treatments can be adapted to suit individual medical needs. We can work closely with lead clinicians as necessary.

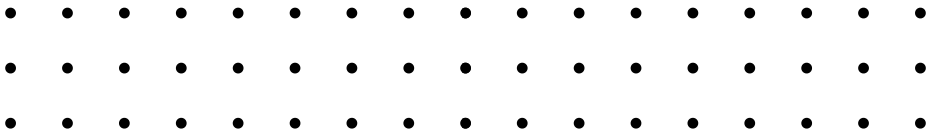
CANCELLATIONS

All cancellations made 24hrs or less will unfortunately incur a 50% cancellation fee. No shows will require full payment.



Buy now.
Pay later.
No fees.





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O P E N I N G T I M E S

B o u t i q u e :
Tuesday-Saturday 10am-5pm
Sunday 11am-4pm

S a l o n :
Treatments and classes are available across 7 days a week and each professional will advise their full availability at time of enquiry.

F O R A L L I N F O R M A T I O N A N D T O B O O K
T R E A T M E N T S O N L I N E V I S I T :

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